

Celebration of Supusti Pakkha

Activities

Height and Weight Measurement of children under 6 years in AWCs

- Measurement of height & weight of children under 6 years of age and reporting of data on Poshan Tracker
- Data of SAM/MAM children to be shared with respective DMs/DCs for further necessary interventions

Gender Sensitive Water Management

- Awareness camps and community based activities
- Generation of awareness through IEC material
- Sensitisation activities with village/panchayat based institutions/bodies of Panchayati Raj and Rural Development
- Activities focused around equipping every AWC with a RWH (Rain Water Harvesting) structure
- Cross learning visits of beneficiaries and stakeholders to sustainable Rainwater Harvesting (RWH) structures having role of Women in its development
- Community based 'water linked celebrations' at 'existing & functional RWH structures' across the country

Test, Treat, Talk Anaemia

- Awareness camps
- Webinars at institutional level
- Outreach activities in urban slums on anaemia awareness
- Awareness camps at ground level with participation of stakeholders working on anaemia prevention and the respective beneficiaries (Connecting NGOs and Government Programs)
- Anaemia camps to be organised at District level (H&FW), Local Panchayats (PR) and DM/DC
- Using SHG platforms for creating awareness on Anaemia
- Testing camps in support with all partner ministries and departments
- Sensitization at school level through seminars
- Deworming camps
- Quiz competitions to test the awareness about anaemia among the student

Traditional food for healthy Mother and Child

- Seminar & Trainings on agriculture and nutrition connect
- Webinars on Traditional & Regional Nutritious food
- Recipe contest / Mother's Kitchen contest' at District/Block level
- 'Special Gram Panchayat' and 'Supusti Panchayat' to emphasise the dietary diversity through regional food
- Identification, promotion, demonstration of healthy traditional recipes for Mother & Child
- Using SHG platforms for promoting Traditional and regional healthy food recipe
- Awareness on local and affordable nutritious food items

Other activities may be conducted during Supusti Pakkha:

Community Based Events (CBE), Community Radio Activities, Cooperative/Federation based activities, Cycle Rally/Walk/PrabhatPheri, DAY-NRLM SHG Meet and Self-Help Groups (SHG) Meetings, Haat Bazaar Activities, Home Visits, Local Leaders' Meeting, NukkadNatak/Folk Shows, Supusti Workshop/Seminar, School Based Activities, VHSND, Youth Group Meeting, Webinars, Breastfeeding, Complimentary Feeding, First 1000 days, Hand Wash & Sanitation, Paushtik Aahaar, Diarrhoea, Anaemia, Yoga for Health/Ayush for well-being, ECCE, Food Fortification & Micronutrients, Immunisation, Adolescent Ed, Diet, Age of Marriage, Diarrhoea, Plantation, School based sensitization activities, Nutri-Garden, Other activities (as per States/UTs planning) etc.